

6 Sustainability



ECO-ALTERNATIVES

Lets talk about ... Eco swapping, sanitary products, reusable items that replace single use plastic.



FAST FASION

How to shop sustainably on a budget, the environmental danger of fast fashion and how to invest in good quality clothing.



ETHICAL CONSUMPTION

Ideas for introducing small changes such as: Meatless Mondays and a more plant based diet, whilst reducing the stigma for trying!



RECYCLING EDUCATION FOR ALL AGES

Throwing it out... what happens next? where does it go?
Recycling, littering and how it all works.



SMALL CHANGE BIG IMPACT

You can do all the little things to make a difference and together we can make a big change.



COVID & SUSTAINABILITY

Weighing up the benefits of single use products to stop the spread of covid and the environmental impact it has.